

## **Rainbow God Truth Statements**

I will not allow my trust in God to be stolen anymore. I understand that the reality of who God is, is not limited to circumstances and situations I have been through or will go through or will watch others go through. I know God is good because He showed me through Jesus. I can taste and see that God is good in the spirit realm, which is more real than my perceptions in this earthly realm.

I am not alone and never have been, even when I felt like I was. God is good even when I don't feel like He is. God is good even if I can't see it at the moment or in past memories, therefore I will trust Him. I am ok with the contradiction and mystery that is a part of my relationship with Him. I still want to be close to Him.

Because I can trust God, I want to be near Him and I want Him near me. Because I trust God, I feel comfortable in His presence and I can be myself and easily express what I am feeling when I am with Him.

I trust God and therefore I will go to Him often as the Source of everything I need. I am ok with being utterly dependent on Him. Because God is good I can interact with Him easily and confidently. I can put my confidence in Him no matter what my perceptions of Him have been.

I want God's influence in everything I do, in all that I am, and in every choice I make.

Even when I cannot see or understand where and what God is doing, I trust His character and nature, His motives, and His abilities, more than I do my own. I give God complete access to all that I have and do because His ways are better than mine. What's mine, is God's.

I can rejoice over what I see God doing with others because I trust what He is doing with me and all that concerns me. I don't need to feel overwhelmed because I am not alone and I don't carry my responsibilities or concerns alone.

I can be full of joy because God is using everything in my life that I have been through and will go through to work together for my good. My good is to know the true heart of God towards me and to grow in the knowledge of who He really is, not who I have assumed He is. I can trust God because He is good.

My body can let go of the physical symptoms I have had from not being able to trust God because I have now resolved that it is ok for me to trust Him. I give myself permission to pursue true deep intimacy with God because I trust Him.

All God has ever wanted was intimacy with me- for me to know Him like He knows me. I will know Him every day, through every situation. I am growing in the knowledge of God and intimacy with Him and nothing can ever take that away, so whatever I am going through is worth it!

I am so convinced of God's love for me that I am free to love Him back by displaying to the world who He is in the areas of culture that I am passionate about.

I live...

to know the real God, to make the real Him known, to learn to be loved, and to learn to love.